## Arctic Ice Arena s 2015

Learn to Play Hockey



Must be 18 or over June 19 – July 31, 2015 NO CLASS JULY 3RD

For more information contact Chris Cimoch at 708-403-4231 ext 138 10700 W 160th St Orland Park. IL 60467

## Arctic Ice Arena s 2015 SUMMER ADULT SUMMER ADULT

Learn to Play Hockey



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For more information contact Chris Cimoch at 708-403-4231 ext 138 10700 W 160th St Orland Park. IL 60467

Wish you could be out playing Rat Hockey? Are your friends on a Men's League team? Get ready to join them! Sign up for Adult Learn to Play!

The classes will work on the following:

- Forward & Backward Skating
- Starts & Stops
- Crossover Turns
- Stickhandling, Passing & Shooting

Fridays at 7:30 - 8:30pm June 19 – July 31, 2015 \*NO CLASS JULY 3RD\*

Full Ice Hockey Equipment is Required: Skates, Shin Pads, Pants & Cup, Shoulder Pads, Elbow Pads, Gloves, Stick, Helmet (HECC approved).

Ages 18 & over Maximum Class Size is 20 players

Cost is \$20 per day

Show up for 1, 2 or all!

Pay at the Front Desk for each Class you attend.

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